



**BOYS & GIRLS CLUBS  
OF ROCHESTER**

**HOURS**

Monday - Friday

2:30 - 8 PM\*

Saturday

10 AM - 4 PM\*

\*Hours vary during holidays

**MAIN FACILITY**

500 Genesee Street  
Rochester, NY 14611

**SATELLITE LOCATIONS**

Rochester City School 29  
88 Kirkland Road  
Rochester, NY 14611

Rochester City School 45  
1445 Clifford Ave.  
Rochester, NY 14621

Industry Residential Center  
375 Rush-Scottsville Road  
Rush, NY 14543

**GOLFERS PAR-TEE  
FOR OUR KIDS**

8th annual Par-TEE  
for the Kids Golf  
Tournament

**FREE PLAY SATURDAYS**

Grant Awarded by the  
Rochester Area Community  
Foundation for Youth Sports

**NATIONAL SUMMER  
LEARNING DAY**

Summer Learning Day &  
Career Exploration Activities  
Open Members' Eyes to  
Possible Career Paths

**MR. STEWART**

Generous Volunteer



**ISSUE #10**

[BGCRochester.org](http://BGCRochester.org)

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# Golfers Par-TEE for Our Kids



More than 90 golfers joined together Monday, August 6th at Locust Hill Country Club to play in support of Rochester youth and the multiple programs Boys & Girls Clubs of Rochester provides. The 8th annual Par-TEE for the Kids Golf Tournament raised \$45,000 for the nonprofit. Hole signs of different corporate and individual partners covered the greens, providing a great visual of the tremendous amount of support for Club members.



## Grant Awarded by the Rochester Area Community Foundation for Youth Sports

Thanks to a generous \$24,850 grant from the Ralph C. Wilson, Jr. Legacy Fund for Youth Sports, more inner-city youth will have the opportunity to participate in sports that are usually fee-based. Boys & Girls Clubs of Rochester will transform its 500 Genesee St. facility on Saturdays, opening the Club up to non-members, 6 to 18 years of age, to participate in a variety of athletic programs. "Free Play Saturdays" will feature dance, golf, boxing, fencing, tennis, Double Dutch, yoga and more. The initiative is projected to begin the last Saturday of September, when the Club is re-open for the school year.

Kids will have a unique alternative sports experience where they can sample several different physical activities every Saturday. While structured, the format of the program encourages youth to choose what they're interested in. Instructors and Club staff will provide participants with a safe, fun and engaging environment and positive experience with the hope that they will return the following week. Exposure to the Club's 30,000 sq. foot facility, staff and wide range of opportunities will, hopefully, inspire families to sign kids up for regular Club membership during the week.

In addition to encouraging Health & Life Skills and Sports, Fitness & Recreation, two of the five core program areas of Boys & Girls Clubs across the country, Free Play Saturdays will teach kids skills like perseverance, teamwork and self-motivation. Studies show that kids involved in sports also perform better in school and have more successful futures.

The Ralph C. Wilson Jr. Foundation and Rochester Area Community Foundation released an independent assessment called "State of Play" that examines access, quality, and participation in youth sports in the Greater Rochester and Finger Lakes Region. The report found that while 81 percent of local parents believe it's important to have their children regularly involved in sports, only 12 percent of youth across Greater Rochester and the Finger Lakes are physically active one hour a day - the level recommended by the Centers for Disease Control and Prevention. Accessibility to free-play sports is also very limited. Free Play Saturdays will work to combat this and meet the need of children and families. It'll also address the eight strategies or "plays" identified by the Aspen Institute that can be used to get, and keep, kids active through sports.

### THE 8 PLAYS

- Ask Kids What They Want
- Reintroduce Free Play
- Encourage Sport Sampling
- Revitalize In-Town Leagues
- Think Small
- Design for Development
- Train All Coaches
- Emphasize Prevention

Learn more at [youthreport.projectplay.us](http://youthreport.projectplay.us)

We greatly appreciate and admire the vision of the Ralph C. Wilson Jr. Legacy Fund for Youth Sports and look forward to being a part of achieving its goals.

## Golfers Par-Tee for Our Kids



*continued from front page:*

After lunch and a round of golf on one of Rochester's premier courses, participants enjoyed a cocktail hour, dinner, an award ceremony and silent auction. Guests could also enjoy a complimentary cigar on the patio. The tournament was made possible by generous sponsors and long-time Boys & Girls Clubs of Rochester supporters.

### MAJOR SPONSORS INCLUDED:

- GOLD SPONSOR** - Power Management Company
- SILVER SPONSOR** - Insero Wealth Strategies, LLC
- LUNCH SPONSOR** - Marathon Financial
- COCKTAIL HOUR SPONSOR** - Harris Beach, PLLC
- DINNER SPONSOR** - Insero Wealth Strategies, LLC

Thank you to everyone who spent the day with us and helped make a difference in our Club members' lives! We hope to see you on the green again on August 5, 2019.



## SUMMER LEARNING DAY & CAREER EXPLORATION ACTIVITIES Open Members' Eyes to Possible Career Paths

Boys & Girls Clubs of Rochester's summer programming is focused on both fun and education. In an effort to combat summer learning loss, the Club continues its Accelerated Reading and S.T.E.M. programs throughout July and August. In addition to these programs, the summer is also dedicated to career exploration activities for older Club members and youth workers. Club partners, like Old Navy and New York Kitchen, open their doors to give members unique, hands-on learning experiences focused on developing different skills for the particular industry. These opportunities often inspire members to want to learn more and, ultimately, end in them pursuing a degree and career in the field.

**CULINARY CAMP** A summer favorite, Culinary Camp at New York Kitchen allows Club members to get hands-on in the kitchen and taste their creations. It not only exposes members to basic cooking skills, but also allows them to be in control while learning from lead culinary instructors with years of experience. This year, they made pies from scratch, meat and veggie dishes, pizza and more. To celebrate their hard work, participants were recognized with certificates and helped out at the Kitchen's annual Garden Party event.

This year, for **National Summer Learning Day** on July 12, an engaging and educational art activity was added to the mix. Artists and Club supporters from Main Street Artists' Gallery & Studio and The Rochester Art Club came in to our art studio to teach young artists new techniques with pastels and acrylic paint. They enjoyed learning how to blend and shade the new mediums. Exposure to all different styles of art allows Club members to discover which they like best and opens their eyes to the possibility of a career in art.



**Camp Old Navy** Old Navy's ON the Job program focuses on retail, customer service and preparing for an interview. Club members visited the Webster and Marketplace Mall locations this year. Two of their favorite activities were trying on some of the merchandise and dressing the mannequins at the front of the store.

## ART IN THE COMMUNITY - ARTISANworks



Boys & Girls Clubs of Rochester artists have been working hard to create pieces to fill their own gallery at ARTISANworks. Complete with a variety of mediums, from ceramics to framed paintings and drawings, the gallery includes art from members of all ages and levels of talent.

The art is displayed in the Joan Messinger Tribute Room and is open for all guests to see. The Room was made possible by a generous donation from the Messinger family to create a children's art room in Joan's honor. Joan believed in art, books, and music for young children to help them develop personal resources and creativity. She saw the arts as a way to help children cope with any personal and environmental challenges they are facing.

Club members received a tour of the unique space and got to see their artwork hung for the community, a significant moment in their young art careers. The tour served as a kick off to a series of art classes taught by the Club's art coordinator. The classes will be held in the Tribute Room and will be for Club members.

"Having the Boys & Girls Clubs of Rochester display and create art with us is in perfect alignment with the ARTISANworks vision that started 25 years ago at our first co-op," said ARTISANworks founder Louis Perticone. "It has always been part of our vision to be an all-inclusive model where student art, in many cases, can be found hung next to accomplished and major artists from around the world."



**BOYS & GIRLS CLUBS  
OF ROCHESTER**

500 Genesee Street  
Rochester, NY 14611



**SAVE THE DATE**

**Uncork Their Potential  
Wine Tasting Event**

**OCTOBER 25**

**Country Club of Rochester  
PRESENTING SPONSOR**



NON-PROFIT MAIL  
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**Mr. Stewart -  
Generous Volunteer  
and Donor**

If one were to visit Boys & Girls Clubs of Rochester on 500 Genesee St. he or she would likely find Mr. Stewart helping out in the art studio.

A regular art-room volunteer - often more than three times a week - Mr. Stewart enjoys the diversified instruction Club members receive in the art program. "Having art for three to four hours is incredible and serves as a tremendous outlet for kids," said Mr. Stewart. "It's evident that the kids experience a 'hiatus' when they spend time in the art room."

In addition to being able to unwind and use the space as a form of escape, Mr. Stewart believes the art room serves an even greater purpose - a symbol of hope for the future. Many talented artists spend their time in the art studio working on mastering their craft and gaining confidence that they can have a future in art.

During his two years of volunteering, Mr. Stewart has introduced Club kids to new forms of art, the most popular being origami. Members of all ages have learned modular origami, which focuses on forming 3-D shapes like cubes and stars. A few students have even been able to master a high level of origami known as the Bascetta Star, created by Paolo Bascetta. A combination of mathematics and geometry, these shapes can often exceed 12 sides.

"I continue to be impressed by how quickly some Club members understand the concept and can create the complex shapes," said Mr. Stewart.

Mr. Stewart is also a volunteer at the Stillwood Study Center, a nonprofit that assists with and promotes programs for children and adults in the community and focuses on multi-cultural arts and music.

"The quality of the materials is top notch," said Mr. Stewart. "The hands on experience the kids have using those next level supplies really pays for itself. When they begin to explore their futures in art they will already have had the practice and greater appreciation for the techniques."

Mr. Stewart's impact and volunteerism is not only felt in the art room. Thanks to his generosity, Club members enjoy "Pizza Friday" the last Friday of every month. Mr. Stewart started the tradition as a way for members to have a special day that they could look forward to - and they certainly do! When kids see the Domino's pizza bags being carried into the kitchen they'll line up for Kids' Café 15 minutes before it's served.

Showing movies in the art room has also started to become a tradition. Mr. Stewart brings in his own projector and shows films on the art room wall. He truly cares about the kids and creating the best, most comfortable environment for them.

"Mr. Stewart has provided a great deal of support for the art room and we're very appreciative of his generosity," said Ms. Sarah, art coordinator. "He goes above and beyond for our kids."